

# Earn \$500 in 2018

You can earn up to \$500 as part of our Healthy Journey wellness program by completing the steps\* outlined below.



## Step 1

### Visit your personal physician and submit the Physician Screening Form by July 31, 2018.

Be sure to print the Physician Screening Form before visiting your personal physician. To access the form, go to [www.hsscreeingreg.com](http://www.hsscreeingreg.com) (login: presence, password: healthy) or visit the Presence Health intranet. Have your personal physician fill out the required information, then email it to the address listed on the form.

Note: If you completed your annual physical exam between Aug. 1 and Dec. 31, 2017, you do not need to complete another physical exam; however, you must still submit your completed Physician Screening Form to Interactive Health via email by July 31. You will receive confirmation from Interactive Health upon receipt of the form.

**Remember, annual physical exams are covered at 100 percent when you see an in-network provider. Be sure your personal physician codes the exam as "Preventive" to receive the full benefit. To find a Presence network or BCBSIL in-network provider in your area, log into [www.bcbsil.com/presence](http://www.bcbsil.com/presence).**



## Step 2

### Complete the BCBS Blue Access Health Risk Assessment (HRA) by July 31, 2018.

- Go to [www.bcbsil.com/presence](http://www.bcbsil.com/presence).
- Log into Blue Access for Members\* on the right side of the home page.
- Navigate to "Health Assessment," located under the Quick Links box on the left side of the home page.
- If you do not see your biometric results pre-populated, please fill in the required information. Note: It may take 30 days from the date you complete your physical exam for your results to populate.
- Follow the instructions to complete the HRA.
- Print a copy of your completion certificate and retain it for your records as proof of completion.



## Step 3

### Attend at least one of the following by Sep. 30, 2018:

- A financial wellness session, presented by Lincoln Financial
- We will share more information on additional wellness options in the future

## Important:

You must complete **BOTH** Step 1 and Step 2 by July 31 in order to earn \$400 in Healthy Journey Rewards. You must complete Step 3 by Sep. 30 in order to earn \$100. You are responsible for checking your payroll to ensure that the applicable reward appears on your paycheck. If it does not, please contact the HR Service Delivery Center (SDC) immediately. **Notifications made to the HR SDC after October 31, 2018, will not be processed.**

## Questions?

Contact the HR Service Delivery Center at 844.255.8323 (option 5) or [HR@presencehealth.org](mailto:HR@presencehealth.org).

